

BALLAL'S HEALTHCARE



CURRICULUM VITAE

A BRIEF PROFILE ON DR. ARJUN BALLAL

Dr. Arjun Ballal, a distinguished orthopedic surgeon at Ballal's Healthcare in Udupi, Karnataka, recognizes the importance of guiding patients through the intricate phases of pre and postoperative care.

www.drarjunballal.com

PERSONAL INFORMATION

I am Dr. Arjun Ballal, a dedicated and accomplished Orthopaedic Surgeon with a strong academic and professional background. Born on May 8, 1986, in Udupi, Karnataka, India, I am the son of Dr. N. Vijay Ballal. My residential address is Beedu House, Beedu Marg, Ambalapady, Udupi-576103, Karnataka, and my professional address is Consultant Orthopaedic Surgeon at 'Ballal Healthcare,' Sweeny Complex, Near Khushi Hotel, Kalyanpur, Santhekatte, Udupi-576106, Karnataka.

I completed my schooling at Little Rock Indian School, Brahmavar, Udupi, from 1990 to 2002, and my pre-university education at Poornaprajna Pre-university College, Udupi, from 2002 to 2004. I pursued my MBBS at Kasturba Medical College, Mangalore, graduating in 2009. Following this, I completed my compulsory housemanship in 2010 at Govt. Wenlock Hospital and Govt. Lady Goschen Hospital, Mangalore. I achieved the Fellow of Academy of General Education (FAGE) from Manipal University in 2010.

From March 1, 2010, to February 28, 2012, I worked as a registered medical practitioner in Ballal Clinic, Santhekatte, Udupi, as an associate of Dr. N. Vijay Ballal. Subsequently, I served as a Medical Officer at Adarsha Multispeciality Hospital, Udupi, from March to April 2012. I pursued my postgraduation in the Department of Orthopaedic Surgery at K.S. Hegde Medical Academy, Mangalore, from 2012 to 2015, and graduated as the topper of the batch in orthopaedic surgery (Nitte university) in 2015.

My professional journey includes diverse experiences, such as working as a Registrar in the Department of Orthopaedic Surgery at ARS Hospital, Tirupur, Tamil Nadu, from June 10, 2016, to July 30, 2016. Additionally, I undertook an observership in Arthroscopy and Sports Medicine with hands-on training under Dr. Clement Joseph at Gleneagles Global Hospital, Chennai, Tamil Nadu, from August 7, 2016, to October 6, 2016.

I am an active member of various professional associations, including the Indian Orthopaedic Association (LM 10775), Karnataka Orthopaedic Association (A 106), Canara Orthopaedic Society, European Society of Sports Traumatology, Knee Surgery, and Arthroscopy (ESSKA), and Udupi Forum of Orthopaedic Surgeons (UFOS), where I currently serve as the Secretary. I am also affiliated with AO Trauma.

My contributions to orthopaedics extend beyond clinical practice. I have presented research papers at esteemed conferences, including KOACON 2014, IOACON 2014, OASISCON 2015, and TNOACON 2016. These presentations covered topics ranging from arthroscopic techniques to the management of fractures. I have been recognized with awards such as 'Top Peer Reviewer 2019' for placing in the top 1% of reviewers on the Publons global reviewer database.

In addition to podium presentations, I have co-authored posters and published numerous papers in reputed journals, including NUJHS, IJHSR, JCDR, and JAJS. My research spans diverse areas of orthopaedics, showcasing my commitment to advancing the field.

I actively participate in conferences, workshops, and teaching programs. I have attended international conferences on radiobiology and numerous national conferences organized by associations like KOACON, ISSHCON, IOACON, OASISCON, and TNOACON. Furthermore, I have completed various AO Trauma courses, showcasing my dedication to continuous learning.

Beyond my clinical and research achievements, I have held editorial roles as an Associate Editor for BMC Surgery, Academic Editor for Medicine, and Section Editor for Arthroscopy and Sports Medicine in the Indian Journal of Orthopaedics. Additionally, I serve as a peer reviewer for several prestigious journals, including Indian Journal of Orthopaedics, Bone and Joint Research, and EFORT Open Reviews.

In recognition of my contributions to healthcare and academics in Orthopaedics, I was felicitated at the Budokan National Karate Championship in 2020. I hold a blue belt in Karate, reflecting my commitment to both physical and academic excellence.

This comprehensive overview reflects my multifaceted journey as an Orthopaedic Surgeon, showcasing my commitment to clinical excellence, research, and education in the field of orthopaedics.



Dr. Arjun Ballal, M.S. Ortho

Personal Information

- Date of Birth: 5/8/1986
- Address (Residence): S/O Dr. N. Vijay Ballal, Beedu House, Beedu Marg, Ambalapady, Udupi-576103, Karnataka, India
- Address (Work): Consultant Orthopaedic Surgeon, 'Ballal Healthcare,' Sweeny Complex, Near Khushi Hotel, Kalyanpur, Santhekatte, Udupi-576106, Karnataka, India. Also visiting Orthopaedic consultant to several hospitals.
- Email: 5arjunballal@gmail.com
- Phone: 0820-2525216
- Mobile: +91-9739283932

Education:

- Schooling: Little Rock Indian School, Brahmavar, Udupi (1990-2002)
- Pre-University: Poornaprajna Pre-university College, Udupi (2002-2004)
- MBBS: Kasturba Medical College, Mangalore (2004-2009)
- FAGE (Fellow of Academy of General Education): Manipal University, Manipal (2010)
- MS Orthopaedic Surgery: K.S. Hegde Medical Academy, Mangalore (2012-2015)

Professional Experience:

- Compulsory Housemanship: Govt. Wenlock Hospital and Govt. Lady Goschen Hospital, Mangalore (2009-2010)
- Registered Medical Practitioner: Ballal Clinic Santhekatte, Udupi (2010-2012)
- Medical Officer: Adarsha Multispeciality Hospital, Udupi (March-April 2012)
- Postgraduation: Department of Orthopaedic Surgery, K.S. Hegde Medical Academy, Mangalore (2012-2015)
- Consultant Orthopaedic Surgeon: Ballal Healthcare, Udupi (2012-present)
- Registrar: ARS Hospital, Tirupur, Tamil Nadu (June 2016-July 2016)
- Observership in Arthroscopy and Sports Medicine: Gleneagles Global Hospital, Chennai, Tamil Nadu (August 2016-October 2016)

Memberships:

- Indian Orthopaedic Association (LM 10775)
- Karnataka Orthopaedic Association (A 106)
- Canara Orthopaedic Society
- European Society of Sports Traumatology, Knee Surgery, and Arthroscopy (ESSKA)
- Udupi Forum of Orthopaedic Surgeons (UFOS) - Serving as Secretary
- AO Trauma

Presentations:

- Presented papers at various conferences on Arthroscopy and Orthopaedic surgery.
- Invited talks on topics like 'Randomised Controlled Trials in Orthopaedics' and 'On field management of sports injuries.'

Awards and Honors:

- Awarded 'Top Peer Reviewer 2019' in 'CROSS-FIELD' and 'CLINICAL MEDICINE' on Publons global reviewer database.
- Gold medal winner for the best postgraduate paper at IOACON 2014.
- Selected for presentations at prestigious conferences such as OASISCON and KOACON.

Publications:

- Authored and co-authored numerous research papers published in renowned journals.
- Editorial roles in BMC Surgery and Indian Journal of Orthopaedics.
- Peer reviewer for several esteemed journals including Bone and Joint Research and Journal of Arthroscopy and Joint Surgery.

Conferences and Workshops:

- Active participation in national and international conferences, teaching programs, CMEs, and workshops.
- Completed various AO Trauma courses.
- Teaching and Academic Contributions:
- Associate Editor for BMC Surgery and Academic Editor for Medicine.
- Reviewer for multiple indexed journals in the field of Orthopaedics and related areas.

Additional Information:

- Awarded and felicitated for contributions to healthcare and academics in Orthopaedics at the Budokan National Karate Championship in 2020.
- Holds a blue belt in Karate.
- Happily Married with 2 wonderful children.

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ADDITIONAL DETAILS

Memberships:

- Indian Orthopaedic Association (LM 10775)-IOA
- Karnataka Orthopaedic Association (A 106)-KOA
- Canara Orthopaedic Society-COS
- European Society of sports Traumatology, Knee Surgery and Arthroscopy-ESSKA
- Udupi Forum of Orthopaedic surgeons-UFOS (serving as secretary currently)
- AO TRAUMA

Papers presented (Podium presentations)

- Transtibial versus transportal femoral drilling in arthroscopic drilling in Arthroscopic single bundle ACL reconstruction. Conference: KOACON 2014-Bangalore; (February 1, 2014) Category: Free paper-Arthroscopy
- Prospective study on functional outcome of internal fixation with locking plates using a minimally invasive plate osteosynthesis technique for the Management of Tibial Pilon fractures. Conference: IOACON 2014-Hyderabad; (November 21, 2014) Category: Dr.P.Teleshwar Rao Gold medal session for best postgraduate paper
- A radiological comparative study between transtibial & anteromedial portal drilling of femoral tunnel in single bundle anterior cruciate ligament reconstruction: A comparison of four angles. Conference: OASISCON 2015-Kodaikanal; (August 23,2015) Category: Consultant medal paper
- Dynamic Hip screw with Trochanteric stablization plate fixation of unstable intertrochanteric fractures: A prospective study of functional and radiological outcomes. Conference: TNOACON 2016-Ooty; (February 13, 2016) Category: Free paper-Hip

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Invited

talks

- Invited lecture on 'Randomised Controlled Trials in Orthopaedics'; also participated as faculty in academic sessions - Mangalore Orthopaedic course 20 February 2021.
- Talk on 'Arthroscopy' in Karkala as a part of Consultant Orthopaedic surgeon of Alvas Heath Centre, Moodbidri-2017.
- Talk on 'On field management of sports injuries' as part of Consultant Orthopaedic surgeon of Alvas Heath Centre, Moodbidri to sports students-2017.
- Delivered several talks and interviews for various academic, non-academic platforms.

Awards,

Honours

and

Nominations

- 'Top Peer Reviewer 2019'. For placing 1% of the reviewers in 'CROSS-FIELD' on Publons global reviewer database: WON.
- 'Top Peer Reviewer 2019'. For placing 1% of the reviewers in 'CLINICAL MEDICINE' on Publons global reviewer database: WON.
- Prospective study on functional outcome of internal fixation with locking plates using a minimally invasive plate osteosynthesis technique for the Management of Tibial Pilon fractures. Conference: IOACON 2014-Hyderabad; (November 21, 2014): SELECTED. Category: Dr.P.Teleshwar Rao Gold medal session for best postgraduate paper
- A radiological comparative study between transtibial & anteromedial portal drilling of femoral tunnel in single bundle anterior cruciate ligament reconstruction: A comparison of four angles. Conference: OASISCON 2015-Kodaikanal; (August 23,2015) Category: Consultant medal paper. SELECTED.
- Highlighted on the BMC Musculoskeletal disorders website as 'excellent contributor with separate webpage.
- As a part of the inaugural function of the Budokan National Karate Championship. Dr. Arjun Ballal (Blue Belt in Karate) Consultant Orthopaedic surgeon, Ballals Healthcare was felicitated on 08/02/2020 for his contribution in the field of healthcare and academics in the field of Orthopaedics.

Posters**presented**

- Congenital bilateral hypoplasia of first metacarpal: A rare case report
- Conference: ISSHCON 2014-Mangalore;(14-16 November, 2014).

Posters**co-authored**

- Monoarticular synovitis of knee due to unrecognised intra Articular plant splinter
Dr. Siddharth M Shetty, Dr. Vikram Shetty, Dr. Arjun Ballal & Dr. B. Jayaprakash Shetty
Conference: KOACON 2014-Bangalore; (31/1/2014-2/2/2014).
- A study to correlate the clinical signs and magnetic resonance imaging in lumbar intervertebral disc prolapse.
Dr. Deepak Hegde, Dr. Arjun Ballal, Dr. H. Ravindranath Rai
Conference: KOACON 2014-Bangalore; (31/1/2014-2/2/2014).
- Symphalangism of digits: A rare congenital condition: A rare case report
Dr. Sanath Kumar Shetty, Dr. Arjun Ballal, Dr. Aseem Kumar, Dr. H. Ravindranath Rai
Conference: ISSHCON 2014-Mangalore; (14-16/11/2014).
- Osteoid osteoma of the ankle posing as a distal tibiofibular syndesmosis: a rare case report.
Dr. Anand Kumar S, Dr. Arjun Ballal, Dr. Anoop Hegde, Dr. A. Ponnambalam
Conference: OASISCON 2015-Kodaikanal; (21-23/8/2015).

Conferences**attended:**

- International conference on radiobiology; 25-27/10/2013; KSHEMA, Mangalore
- Karnataka Orthopaedic Association Conference (KOACON); 31/1/2014-2/2/2014, Bangalore.
- Indian Society Of Surgeons Of The Hand Conference (ISSHCON); 14-16/11/2014, Mangalore.
- Indian Orthopaedic Association Conference (IOACON); 19-22/11/2014, Hyderabad
- Orthopaedic Association Of South Indian States Conference (OASISCON); 21-23/8/2015, Kodaikanal.
- Tamil Nadu Orthopaedic Association Conference (TNOACON); 12-14/2/2016, Ooty

- Teaching programmes attended:
- Mangalore Orthopaedic Course: 14-15/6/2014; Mangalore
- Calicut Orthopaedic Course: 11-13/7/2014; Calicut
- CMEs and workshops attended:
- Attended three day workshop entitled '10th fracture fixation course', Pune, 19th,20th and 21st July 2013
- Attended a CME on 'Clinical Approach to degenerative lumbar spine pathologies', A.J Institute Of Medical Sciences and Research Centre, Mangalore, 30th November 2013.
- Attended 'Techno Class in primary Total Knee arthroplasty', KMC Hospital, Mangalore, 22nd December 2013.
- Attended Live arthroplasty workshop as a part of KOACON 2014, Fortis Hospital, Bangalore, 31st January, 2014.
- Attended CME on 'Ortho-Spine', KMC Manipal, 16th February, 2014.
- Attended a one day workshop on 'Training on Ponseti Method of Clubfoot Management', Government Wenlock Hospital, Mangalore, 2nd March, 2014.
- Attended CME on 'Wrist injuries', Father Muller's Medical College, Hospital, Mangalore, 27th April, 2014.
- Attended CME on 'Flaps for trauma surgeons: one day CME and live surgery', KSHEMA, Mangalore, 24th August, 2014.
- AO Trauma-Basic principles of fracture management, Bangalore: 25-27 February, 2016
- AO Trauma Advanced principles of fracture management, Kochi: 9-11 November, 2017
- AO Trauma Masters, Hybrid course, Mangalore: 31 October, 2020

Papers published

- Type III Cawley Andersson lesion in a case of Ankylosing Spondylitis
Dr.Deepak Hegde¹, Dr.Arjun Ballal², Dr.Vinay Kumar C³& Dr.H Ravindranath Rai⁴ NUJHS Vol 4, No 3 June 2014
- Cavernous Haemangioma of the gastrocnemius muscle: A rare presentation in the geriatric age group. Dr.H Ravindranath Rai¹, Dr.Arjun Ballal², Dr.Keerthi Mohan³& Dr.Rajsankar N R⁴
- Nitte University Journal Of Health Sciences (NUJHS) Vol 4, No 3 September 2014 Our experience of a case of terrible triad of elbow. Dr.Siddharth M Shetty¹, Dr.Vikram Shetty², Dr.Arjun Ballal³& Dr.AnoopHegde⁴ NUJHS Vol 4, No 3 September 2014
- Monoarticular synovitis of knee due to unrecognised intra articular plant splinter Dr.Siddharth M Shetty¹, Dr.Vikram Shetty², Dr.Arjun Ballal³ & Dr. JayaprakashShetty⁴ NUJHS Vol 4, No 4 December 2014

- *Unilateral bicondylar Hoffa fracture with a fracture shaft and dislocated knee and hip in a middle aged adult : A rare case report* Dr.Ashwin Shetty¹, Dr.Sanath Kumar Shetty², Dr.Arjun Ballal³, Dr.Nirmal Babu⁴ & Dr.H. Ravindranath Rai⁵ NUJHS Vol 4, No 4 December 2014
- *Joy stick Maneuvre for closed reduction and internal fixation of Hawkins type III neck fracture.* Dr.Siddharth M Shetty¹, Dr Vikram Shetty²,Dr. Arjun Ballal³ & Dr Nirmal Babu⁴ Indian Journal of Applied research (IJAR) Volume 5, Issue 1, January 2015
- *A study to correlate the clinical signs and magnetic resonance imaging in lumbar intervertebral disc prolapse.* Dr. Deepak Hegde¹, Dr. Arjun Ballal² & Dr. H. Ravindranath Rai³ Indian Journal of Applied Research Volume 6, Issue 1, March 2015
- *Management of Open Fractures of Shaft of Tibia in Adults–A Comparative Study.* Dr. Ashwin Shetty¹, Dr.Arjun Ballal², Dr. Y. Nishanth Shetty³, Dr.Nikil R Bhat⁴ & Dr. H. Ravindranath Rai⁵ International Journal of Scientific research (IJSR)Volume : 4,Issue : 6, June 2015
- *Double jeopardy pathological fracture and non-union of proximal humerus due to chondrocalcinosis.* Dr. Vikram Shetty¹, Dr.Siddharth M Shetty², Dr.Arjun Ballal³ & Dr.Mayur M Kamani⁴ NUJHS Vol 5, No 5 June 2015
- *Poly-articular ochronotic arthropathy. A case report.* Dr.Anoop Hegde¹, Dr.Siddharth M Shetty², Dr.Arjun Ballal³ & Dr.Vikram Shetty⁴ International Journal of Health Sciences and Research (IJHSR) Vol. 5; Issue: 10, October 2015
- *Symphalangism of digits: A rare congenital condition: A rare case report* Dr.Sanath Kumar Shetty¹, Dr.Arjun Ballal², Dr.Anoop Hegde³ IJHSR, Vol.5; Issue: 11; November 2015
- *A study of the functional outcome of laminectomy and discectomy in lumbar intervertebral disc prolapse.* Dr.Sanath Kumar Shetty¹, Dr.Arjun Ballal², Dr. Lawrence Mathias³, Dr. H. Ravindranath Rai⁴ NUJHS, Vol. 5, No.4, December 2015
- *Prospective study on functional outcome of internal fixation with locking plates using a minimally invasive plate osteosynthesis technique for the Management of TibialPilon fractures.* Dr.Arjun Ballal¹, Dr. H. Ravindranath Rai², Dr.Siddharth M Shetty³, Dr. Lawrence John Mathias⁴, Dr.Vikram Shetty⁵, Dr.Ashwin Shetty⁶ JCDR, Vol.10; Issue 1; January 2016 (Pubmed indexed)
- *A prospective study on functional outcome of displaced intra-articular tongue type calcaneal fractures treated by percutaneous screw fixation.* Dr.Anoop Hegde¹, Dr. Lawrence John Mathias², Dr.Arjun Ballal³, Dr.Vikram Shetty⁴,Dr.Ashwin Shetty⁵ JCDR, Vol.10; Issue 2; February 2016 (Pubmed indexed)

- *Rapidly progressive ulnar neuropathy in the Guyon's canal by a Ganglion cyst.*
- *Dr.Mayur M Kamani¹, Dr.Dileep K.S², Dr.Arjun Ballal³, Dr. Y. Nishanth Shetty⁴, Dr.Anoop Hegde⁵ IJHSR, Vol.6; Issue: 2; February 2016*
- *Retrograde femur nailing versus locking plate fixation for extra-articular distal femur fractures: A comparative study of functional and radiological outcomes of the two techniques. Dr.Ashwin Shetty¹, Dr.Sanath Kumar Shetty², Dr.Arjun Ballal³, Dr.Anand Kumar S⁴, Dr.Anoop Hegde⁵ IJSR, Volume : 5 Issue : 3; March 2016*
- *A radiological comparative study between transtibial & anteromedial portal drilling of femoral tunnel in single bundle anterior cruciate ligament reconstruction. Dr.Siddharth M Shetty¹, Dr.Vikram Shetty², Dr.Arjun Ballal³, Dr.Jeetu Mohanchandran⁴, Dr.AnoopHegde⁵ Journal Of Arthroscopy and Joint Surgery(JAJS) Volume 3, Issue 1, January 2016, Pages 22-27*
- *Congenital bilateral hypoplasia of first metacarpal: A rare case report Dr.Arjun Ballal¹, Sanath Kumar Shetty², Dr.Anoop Hegde³ IJHSR Vol.6; Issue: 4; April 2016, Pages 569-572*
- *A prospective study of the functional outcome of anterior cervical discectomy with fusion in cervical disc prolapse. Dr.Mayur M Kamani¹, Dr.Arjun Ballal², Dr.Vikram Shetty³, Dr. H. Ravindranath Rai⁴, Dr. Deepak Hegde ⁵ JCDR Volume-10 Issue 5, May 2016(Pubmed indexed).*
- *Osteoid osteoma of the ankle posing as a distal tibiofibular syndesmosis: a rare case report. Dr.Anand Kumar S¹, Dr.Arjun Ballal², Dr.Anoop Hegde³, Dr. A. Ponnambalam⁴ NUJHS Volume-6 Issue 2, June 2016*
- *Dynamic Hip screw with Trochanteric stabilization plate fixation of unstable Intertrochanteric fractures: A prospective study of functional and radiological outcomes. Dr.Ashwin Shetty, Dr.Arjun Ballal², Dr.Anand Kumar S,Dr.Anoop Hegde*
- *JCDR Volume 10 Issue-9,September 2016 (Pubmed indexed)*
- *Open reduction and volar plate fixation of dorsally displaced distal radius fractures: A prospective study of functional and radiological outcomes. Dr. Arjun Ballal¹, Dr. Anand Kumar S, Dr. Anoop Hegde, Dr. Ashwin Shetty JCDR Volume 10, Issue-12, December 2016 (Pubmed indexed)*
- *To operate or not to operate the mid-shaft fractures of the clavicle?: A comparative study of functional outcomes of the two techniques. Dr.Sanath Kumar Shetty, Dr.Ragesh Chandran, Dr.ArjunBallal³, Dr. Lawrence John Mathias, Dr.AshwinShetty, Dr.AnoopHegde JCDR Volume 11 Issue-1, January 2017 (Pubmed indexed)*
- *Excision versus fixation of the radial head: A comparative study of the functional outcomes of the two techniques. Dr.Sanath Kumar Shetty, Dr.AshwinShetty, Dr.Bijith Balan, Dr.Arjun Ballal⁴, Dr. H. Ravindranath Rai JCDR Volume 11 Issue-2, February 2017 (Pubmed indexed)*

- Letter to the editor : Prospective study on functional outcome of internal fixation with locking plates using a minimally invasive plate osteosynthesis technique for the Management of Tibial Pilon fractures. Dr. Arjun Ballal JCDR
- Solitary fibrous tumor of the clavicle: A rare case report. Dr. Dileep K.S, Dr. Arjun Ballal², Dr. Mukta Pai, Dr. Kushalappa Subbiah, Dr. H. Ravindranath Rai JCDR Volume 10 Issue-6, June 2016 (Pubmed indexed)
- A study to assess the Functional Outcome of decompression and posterior lumbar interbody fusion of Low Grade Spondylolisthesis of Lumbar vertebra. Dr. Deepak Hegde, Dr. Sameer Mehra, Dr. Santhosh Babu, Dr. Arjun Ballal⁴ JCDR, Volume 11 Issue-3, March 2017 (Pubmed indexed)
- A study to assess the functional outcome after laminotomy and microdiscectomy in lower lumbar disc prolapse. Dr. Deepak Hegde, Dr. Arjun Ballal², Dr. Hishanil Rasheed Journal of Karnataka Orthopaedic Association (JKOA), Volume 6 Issue-2, May-August 2018
- Arthroscopy assisted Steida process excision in a case of posterior ankle impingement. Dr. Clement Joseph, Dr. Shiva Reddy, Dr. Arjun Ballal³ JAJS (6), 2019
- Propulsive metatarsalgia: A comparative study of Maceira's osteotomy with and without fixation. Dr. P.R. Krishnaprasad, Dr. Kerbi A. Guevara-Noriega, Dr. Y. Lakshmisha Rao, Dr. B.V. Murlimanju, Dr. Manel Ballester-Alomar, Dr. Arjun Ballal⁶
- Muscle, Ligaments and Tendons Journal , Nr 2022,12 (1)-24-34 (Pubmed indexed)

Editor

- Associate Editor-BMC Surgery
- Academic Editor- Medicine
- Associate Editor (Section editor- arthroscopy and sports medicine)- Indian Journal of Orthopaedics

Reviewer for

- Indian Journal Of Orthopaedics (IJO-Pubmed indexed Journal)
- Bone and Joint Research (Pubmed indexed Journal, a sister journal of the prestigious Bone and Joint Journal {BJJ- Formerly known as JBJS-British edition}).
- EFORT Open reviews (Pubmed indexed Journal, a sister journal of the prestigious Bone and Joint Journal {BJJ- Formerly known as JBJS-British edition}).
- Orthopaedic surgery (Pubmed indexed Journal)
- Journal of International Medical Research (JIMR-Pubmed indexed)
- Journal of Clinical and Diagnostic Research (JCDR- Pubmed indexed Journal)

- *Journal of Arthroscopy and Joint Surgery (JAJS)*
- *Asian Journal of Arthroscopy (AJA)*
- *BMC musculoskeletal Disorders (BMSD- Pubmed indexed Journal)*
- *BMC Surgery (BMSD- Pubmed indexed Journal)*
- *Journal of Investigative Surgery (JUVS- Pubmed indexed Journal)*
- *Medicine (MD- Pubmed indexed Journal)*
- *World Journal of Paediatric surgery (WJPS- Pubmed indexed Journal, a sister journal of the prestigious BMJ)*
- *Indian Journal of Case reports (IJCR- Pubmed indexed Journal)*
- *International Journal of Educational Policy Research and Review (IJEPRR)*
- *Palgo Journal of Medicine and Medical Sciences (PJMMS)*
- *Sky Journal Of Medicine and Medical Sciences (SJMMS)*
- *International Journal of Molecular Biology (IJMB)*
- *Plastic and Aesthetic Research (PAR)*
- *International Journal Of Genomics and Proteomics (IJGP)*
- *Journal of Sports Medicine and Doping studies.*